

## July to September 2021

Professional Development Calendar

Broome, Chenango, & Tioga Counties



### FOR MORE INFORMATION CALL

(607) 723-8313

EXTENSION 825

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# FAMILY ENRICHMENT NETWORK OFFICE LOCATIONS

<u>Johnson City</u> <u>Norwich</u> <u>Owego</u>

24 Cherry Street 21 South Broad Street 1277 Taylor Road (in the Abide in the Vine building)

### \*\* Parking Information \*\*

Johnson City: If you are coming to a training in the evening or the weekend, please use the visitor parking lot on the right side of the building in Johnson City, or park on the street. Please do not park in the fenced-in bus and employee parking lot.

Owego: The entrance to the building is on the left side and parking is available in that area.

<u>Norwich:</u> The training space at our Norwich office is located in the back of the building. Turn into the alley near the movie theater and park in the back parking lot.

PROFESSIONAL DEVELOPMENT CALENDAR

## **CONTACT CCR&R STAFF**

Call	Phone	For information about	
JOHNSON CITY OFFICE			
Jennifer Perney, CCR&R Director	723-8313 ext. 872	Comments, concerns and complaints	
Leslie Vermaat, CCR&R Specialist	723-8313 ext. 884	Training, online training, mentoring	
Vacant, Child Care Specialist	723-8313 ext. 829	Parent referrals, program updates, assistance	
Tessa Stacy, Infant Toddler Mental Health Specialist	(607) 201-5678	Infant Toddler caregiver support	
Cortney Nornhold, Infant Toddler Specialist	723-8313 ext. 826	Infant Toddler questions, training, and support	
Cathy Lipski, Health and Wellness Coordinator	723-8313 ext. 824	CACFP/food program, Health and CPR/First Aid training	
Crystal Rozelle, CCR&R Assistant	723-8313 ext. 825	CACFP, EIP questions/training registration	
Julie Henry, LE Coordinator	723-8313	Legally Exempt questions/CPR-First Aid training	
Elaine Johnson, Legally Exempt Specialist	723-8313 ext. 832	Legally Exempt questions	
Lisa Rosa, Legally Exempt Specialist	723-8313	Legally Exempt questions	
NORWICH OFFICE			
vacant, Chenango CCR&R Specialist	373-3555 ext. 1522	General questions, program updates, training needs, LE questions,	
	OWEGO OFFICE	, ,	
Ann Shear, CCR&R Coordinator	687-6721 ext. 1186	CDA classes/training questions	
Cortney Nornhold, Infant Toddler Specialist	687-6721 ext. 1187	Infant Toddler questions, training, and support	

### PROFESSIONAL DEVELOPMENT STAFF

Family Enrichment Network is ready to meet your training needs with our knowledgeable and highly experienced trainers.



Ann Shear CCR&R Coordinator



Leslie Vermaat CCR&R Specialist



Cathy Lipski Health and Wellness Coordinator



Tessa Stacy Infant Toddler Mental Health



Julie Henry CPR-First Aid Trainer



Cortney Nornhold Infant Toddler Specialist

## TRAINING POLICIES AND INFORMATION

### \*\* Registration Information \*\*

You must register for trainings **two weeks prior** to the date. All EIP paperwork, FEN scholarship paperwork, VOICE/CSEA number, and/or payments must be received to be considered registered. You must notify us of any scholarship submission. Your training enrollment is pending until we receive any scholarship award notification/voucher, so you need to apply early! You are not registered for a training at FEN unless you contact us!

Please make all checks payable to Family Enrichment Network, Inc.

If paying by credit card, you must have an email address. Please call for details.

Call Crystal at 723-8313 ext. 825 or email her at crozelle@familyenrichment.org to register.

Training for the Webcasts must be done through SUNY PDP at:

www.ecetp.pdp.albany.edu/webcasting.aspx
\*\* EIP Information \*\*

Scholarship funding to participate in training may be available through the Educational Incentive Program (EIP). For more information or to apply for a scholarship, please visit

www.ecetp.pdp.albany.edu. You may also contact EIP at eip@albany.edu or 800-295-9616 or 518-442-6575.

Trainings are eligible for EIP if conducted by a NYS Credentialed Trainer. This is indicated in the training listing.

\*Apply early, as funding is limited and could run out.

### \*\* CSEA VOICE Information \*\*

Scholarship funding may be available through CSEA VOICE for family, group family, and legally exempt providers. Visit voicecsea.org to obtain a CSEA ID and for more information.

### \*\* Refund Policy \*\*

All trainings, conferences and/or workshops are NON-Refundable, unless cancelled by us.

### \*\* Cancellations \*\*

We reserve the right to cancel trainings if fewer than 3 people are registered, or in case of inclement weather. If you are registered, you will be contacted in the case of a cancellation. If you are unable to attend a training you are registered for, please cancel your registration by calling 723-8313 ext. 825.

### \*\* Inclement Weather \*\*

If Family Enrichment Network closes the agency for all programs because of inclement weather, all trainings are also cancelled. To find out if the agency has closed, call the main number and listen to the message at (607) 723-8313, check our Facebook page, or check our website for updates.

### \*\* Accessibility \*\*

In Johnson City, the front doors do lock after the trainings begin. Please arrive on time. If you need to leave the building after a training begins, take someone with you to let you back inside.

### \*\* Training Certificates \*\*

Training certificates will be distributed at the training if you registered and paid in advance. If you are not registered for a training, but walk in, a training certificate will be provided upon completion of class AND after payment is received. There will be a \$5.00 charge for duplicate training certificates requested. You must complete the entire training in order to receive training credit. There is no option to take a partial training.

### \*\* Children \*\*

To respect the professional training of others, please do not bring children to the trainings. There is no child care available and you will be asked to leave.

### \*\* Training Etiquette \*\*

Please be respectful of others by turning your cell phone to vibrate and limiting talking to that which is appropriate to the training. PROFESSIONAL DEVELOPMENT CALENDAR

## IMPORTANT PAYMENT INFORMATION

SUNY Professional Development Program Educational Incentive Program (EIP): EIP is a voluntary scholarship program and may be available to help cover the costs of trainings. Please apply for EIP at www.ecetp.pdp.albany.edu. We do not want EIP applications or a copy of your income taxes. We only need proof of EIP eligibility (for example, approval letter, denial letter). If you are 100% eligible for EIP funding, you do not have to pay a co-pay. If you are 75% eligible for EIP, you will need to pay the remaining balance due. EIP vouchers must be signed and turned in for each training.

**CSEA/VOICE Professional Development Training Program:** Family Enrichment Network is an approved training organization. Family and group family child care providers can obtain their CSEA ID and apply for training scholarships through http://voicecsea.org/.

**FEN Scholarship**: A FEN Scholarship may be available to help you cover the training cost, if eligible. Eligibility for the FEN Scholarship will be reviewed annually. Proof of income will be reviewed, as well as program financial information. Economic hardships will be evaluated on an individual basis; this will determine your co-pay amount. Upon award, you will receive a voucher for each class you are approved for. You must turn in the voucher as payment for each training.

You will not be enrolled in training until payment is made or proof of scholarship is provided.

Classes not eligible for scholarships are listed. To be eligible for EIP, classes must be approved through SUNY PDP and conducted by a credentialed or verified trainer. Classes are submitted for approval by our trainers.

Classes not currently approved for EIP include MAT and the Health and Safety Training (for non-registered/licensed providers).

All classes should be eligible for the CSEA/VOICE scholarship, as Family Enrichment Network is an approved training organization.

Classes not eligible for the FEN Scholarship include MAT, Health and Safety Training (start-up grants may be available for providers in the process of registration or licensing), Fall Conference, CPR/First Aid, and CDA. The FEN Scholarship is designed for single, evening classes.

Please call the training registration specialist with questions about how payment works.

### TRAINING CATEGORIES

### Office of Children and Family Services (OCFS) Categories:

- 1 Principles of Childhood Development 6
- 6 Child Abuse & Maltreatment Identification/Prevention
- 2 Nutrition & Health Needs of Children
- 7 Statutes & Regulations Pertaining to Child Day Care
- 3 Child Day Care Program Development
- 8 Statutes & Regulations Pertaining to Child Abuse
- 4 Safety & Security Procedures
- 9 Education & Prevention of Shaken Baby Syndrome
- 5 Business Record Maintenance & Mgmt.
- 10 Adverse childhood experiences, trauma & resiliency

## BROOME COUNTY TRAININGS

Located at: Family Enrichment Network, 24 Cherry Street, Johnson City

### **JULY**

### **FLIP IT**

FLIP-IT consists of four supportive steps to help young children learn about their feelings, gain self-control, and reduce challenging behavior. In this training, we will learn and practice the four steps: 1) Feelings, 2) Limits, 3) Inquiries and 4) Prompts. Children who are frequently "FLIPPED" become emotionally aware problem-solvers who develop healthy coping skills that will last a lifetime!

Presenter: Leslie Vermaat

Date: July 1

Time: 6:30-8:30pm
Training credit: 2 hours
OCFS Category: 1 & 3
Cost: \$70/ EIP
Target Audience: ALL



### **Virtual Director Health and Safety**

You must register with both SUNY PDP and FEN for this training. <a href="https://www.ecetp.pdp.albany.edu/findtraining.aspx">www.ecetp.pdp.albany.edu/findtraining.aspx</a>

Presenter: Leslie Vermaat
Dates: July 6, 8, 9, 13 & 15
Time: 8:30-11:30am each day
Training credit: 15 hours total

Cost: \$250

Target Audience: CCC, SACC &LE group

Class Type: Virtual

### **AUGUST**

## Small Talk - Nourishing Healthy Eaters in Early Care

During early childhood, preferences and behaviors around food and eating are being formed, some of which will follow children into adolescence and adulthood. This program will explore the role that Early Childhood Professionals and environments play in establishing healthy eating behaviors. This is part one of a series.

\*This class counts for CACFP training.

Presenter: Cathy Lipski
Date: August 17
Time: 6:00-7:30pm
Training credit: 1 1/2 hours

OCFS Category: 2

Location: Fayette Street office

Cost: FREE
Target Audience: FCC, GFCC

### **Pediatric CPR/First Aid Recertification**

This class is available to those who need to recertify. Renew and refresh your skills with an instructor lead review and hands-on practice. Try out your skills on our new, state of the art Quality CPR manikins for a more realistic experience! Class size is limited and scheduled for 4 hour to allow for test review and practice time as needed.

\*Alternative arrangements can be made on a individual basis. You can also choose to be added to a waiting list 2 months prior to your expiration date to prevent any lapses in certification. Contact Crystal or Cathy for details.

Presenter: Cathy Lipski
Date: August 18
Time: 5pm -9pm

Location: Fayette Street office

Cost: \$80 Target Audience: ALL

## **BROOME COUNTY CONTINUED**

Located at: Family Enrichment Network, 24 Cherry Street, Johnson City

#### **ACEs 101**

Date:

Time:

This session will focus on the Adverse Childhood Experience (ACEs) and how they can affect a person from childhood through adulthood. Participants will have an opportunity to determine their own "ACEs score." Trauma and its effect on brain development will be discussed. This training was created by David Wallace, LCSW and Camela Hughes, PhD from the LaSalle School.

Presenter:

Date:

Cost:

Leslie Vermaat

August 19

G-9pm

3 hours

10

\$105/EIP

Cost: \$105/ EIP Target Audience: ALL

## **Regulation Refresh and A Guide to Infant Toddler Best Practices**

This workshop is designed to review center regs. Participants will have the opportunity to discuss regulatory requirements for their program, including behavior management. We will discuss some of the challenging behaviors we see in child care programs with infants and toddlers, looking at possible causes, developmentally appropriate responses and how we can assist in prevention.

Presenters: Corntey Nornhold and

Tessa Stacy August 26 6-8pm

Location: Fayette St, Binghamton

Training credit: 2 hours
OCFS Category: 1, 3, 4 & 7
Cost: FREE
Target Audience: CCC



### **SEPTEMBER**

### Play Is Children's Work

Why is play important? What role do you play in children's play? This workshop will look at the purpose of play. We will explore the important role in facilitating quality play opportunities for children. We will discuss developmentally appropriate toys for infants and toddlers, as well as toy safety.

Presenter: Cortney Nornhold

Date: Sept. 9
Time: 6 - 8 pm
Training credit: 2 hours
OCFS Category: 3
Cost: FREE
Target Audience: ALL

### **Health and Safety**

This competency based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion is required for all new group and family child care providers prior to becoming licensed or registered, as well as existing providers who change location or modality. You must register with both SUNY PDP and FEN for this training.

www.ecetp.pdp.albany.edu/findtraining.aspx

Presenter:

Date:

Sept. 14, 16, & 21

Time:

8am-2pm each day

Training credit:

15 hours total

Cost: \$250

Target Audience: FCC, GFCC, LE

### **Keeping Children Safe**

This training will address many of the top safety issues in child care as well as changes in safety policies. Make sure you are up to speed in your safety protocol and keeping your children as safe as possible.

Presenter: Leslie Vermaat

Date: Sept. 28
Time: 6:30-8:30pm
Training credit: 2 hours

OCFS Category: 4

Cost: \$70/ EIP Target Audience: FCC, GFCC

## **CHENANGO COUNTY**

Located at: Family Enrichment Network, 21 S Broad Street, Norwich

### **JULY**

### Sherburne Provider Talk—RELAX

Regulations, suggested guidance and paperwork requirements have changed so much over the last year and are still changing constantly as we work through this next phase of the pandemic. We will take time to talk with each other and share tips that you use to make it all easier. We will also explore self-care tips. Let's take a deep breath and relax together.

Presenter: Julie Henry Date: July 15 6 - 7:00 pmTime: Sherburne Location: 1 hour Training credit: Cost: **FREE** ALL Target Audience: Class Type: In-person



#### Greene Provider Talk—RELAX

Regulations, suggested guidance and paperwork requirements have changed so much over the last year and are still changing constantly as we work through this next phase of the pandemic. We will take time to talk with each other and share tips that you use to make it all easier. We will also explore self-care tips. Let's take a deep breath and relax together.

Presenter: Julie Henry Date: July 27 6 - 7:00 pmTime: Greene Location: Training credit: 1 hour **FREE** Cost: Target Audience: ALL Class Type: In-person

### <u>AUGUST</u>

### Norwich Provider Talk—RELAX

Regulations, suggested guidance and paperwork requirements have changed so much over the last year and are still changing constantly as we work through this next phase of the pandemic. We will take time to talk with each other and share tips that you use to make it all easier. We will also explore self-care tips. Let's take a deep breath and relax together.

Presenter: Julie Henry Date: August 11 Time: 6 - 7:00 pmLocation: Norwich 1 hour Training credit: **FREE** Cost: Target Audience: ALL Class Type: In-person

#### **ACEs**

Surrounding children with adults that understand childhood trauma will make a positive difference for these children in the short-term by nurturing resilience that they can use into adulthood. This training aims to broaden your understanding of ACEs and their impact on your children and their families.

Presenter: Julie Henry Date: August 28

Time: 8:30 am -11:30 am Location: Norwich office

Training credit: 3 hours OCFS Category: 10

Cost: \$105/EIP eligible

Target Audience: ALL Class Type: In-person

## **CPR/First Aid**

If you need CPR/First Aid, give us a call!
We can help!



Email Julie at jhenry@familyenrichment.org to schedule.

## **TIOGA COUNTY**

Located at: Family Enrichment Network/ Abide in the Vine 1277 Taylor Road, Owego

#### **SEPTEMBER**

### Getting Back in the Swing

Are you feeling a bit brain dead after coping with the pandemic for so long? Wondering what is was you used to do before things got crazy? Struggling with the "newnew-normal" and the changes that have resulted from the pandemic? Join us for a discussion of the challenges and a change to reconnect with fellow child care providers. We'll review the current guidance from OCFS-what's changed, what's changed back—and take a few moments to decompress, then make individualized plans moving forward. Please come and share what's working and what's not working and brain-storm some solutions with your colleagues. Let us help you get back in the swing of things!

Presenter:

Date:

Control

Co

Cost: \$70/ EIP eligible Target Audience: FCC, GFCC



## Remember Your Heath Check Prior to Coming to Training!

If you have a fever, cough, core throat, shortness of breath, or any other symptom of illness—Stay home!



Are you behind on your training? Do you want to avoid in-person training, but yet want some connection with a human being? We can help! You will be trained individually or as a small group by Leslie Vermaat, NYS Certified Trainer. Pick a topic, date and time meet electronically and you would get virtual training in the comfort of your home!

Here are some of the options available:

- Child Development Basics and Red Flags
- Competent Supervision
- Emotional Literacy: Books, Feelings & Mental Health
- Taxes, Recordkeeping and Business Management
- Keep Calm and Carry On
- Keeping Children Safe
- Introduction to FLIP-IT
- Boundaries

Contact Crystal Rozelle at Ext. 825 or Leslie Vermaat at Ext. 884 if you are interested in scheduling a virtual training or finding out more information.



The mission of Family Enrichment Network is to provide supportive services for the optimal development of children and families. This mission includes a strong commitment to partnering with families and community agencies to develop and provide programs to achieve the best results for children and families. We believe in coordinating children and family comprehensive using a collaborative approach to improve their quality of life while ensuring the greatest value for our child, adult, investment in and parent development.

To learn more about our mission, and share in our vision that all children and families have the opportunity to grow and develop to their full potential, please visit our website at www.familyenrichment.org.